

Week #3 Menu

Revised 9/20/2013

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 am	CP Corn dogs Canned Pears Milk	Scrambled Eggs Canned Pineapple WW Bread, Milk	CP Blueberry Waffles Canned Fruit Cocktail Milk	French Toast Canned Peaches Hot Milk w/cocoa	Cheerios Fresh Bananas Milk
10 am	Club Crackers Raspberry Juice	HM Chocolate chip Muffins, Milk	Snack crackers Peach Yogurt	Nilla Wafers Milk	Toast w/jam Milk
12 pm	Baked Fish Mashed Potatoes WW Bread Oranges/Watermelon Milk	Teriyaki Chicken Drumsticks Cooked Rice Fresh Bananas Cooked Carrots Milk	Pizza Tot Casserole Fresh Broccoli Canned Pineapple Milk	Slow Roasted Pork Cooked Pasta: Shells Canned Pears Cooked Corn Milk	Chicken Soup w/veggies & rotini Fresh Apples WW Bread Milk
3 pm	Striped Shortbread cookies, Milk	Cottage cheese Saltines	Biscuit Cinnamon Bites Milk	Rolls w/butter Blueberry Juice(C)	Animal Crackers Milk
5:30 pm	Little cheddar Meatloaf Fresh Broccoli Canned Fruit Cocktail Cooked Pasta: Bowties Milk	Borscht w/Pork Fresh Apples WW Bread Milk	Chicken quesadillas Baby carrots Fresh Pears/Nectarines Milk	Turkey & Cheese Sandwich On WW Bread Fresh cucumber Oranges / Cantaloupe Milk	Pork w/gravy Cooked rice Canned Pears Fresh Cucumbers Milk
8 pm	Club Crackers Raspberry Juice	HM Chocolate chip Muffins, Milk	Snack crackers Peach Yogurt	Nilla Wafers Milk	Toast w/jam Milk

This institution is an equal opportunity provider.