

Week #1 Menu

Revised 10/18/2013

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 am	Scrambled Eggs Nectarines WW Bread, Milk	French Toast Canned Peaches Milk/hot cocoa	Corn dogs Canned Pineapple Milk	Cold cereal - Kix Fresh Bananas Milk	Buttermilk Waffles Canned Fruit Cocktail Milk
10 am	Iced Oatmeal Cookies Milk	HM Pineapple Muffins Apple Juice	Chocolate Sandwich Cookies, Milk	Snack crackers Peach Yogurt	HM Toast w/jam Milk
12 pm	Sloppy Joe with Canned Diced Tomatoes Oranges/Watermelon WW Bread Milk	Little smokies Steamed Corn Cooked Macaroni Canned Pears Milk	Ranch crispy Drumsticks Cooked Rice Baby Carrots Fresh Bananas Milk	Mac-n-cheese w/sausage & Peas Canned Pineapple Milk	Barley Soup w/pork & veggie mix Fresh Apples WW Bread Milk
3 pm	Honey Graham Crackers Strawberry Juice	Sliced Peaches Cottage cheese	HM Cinnamon Biscuit Bites, Milk	Rolls w/butter Hot Cocoa Milk	Chocolate Chip Cookies Milk
5:30 pm	Baked Chicken Nuggets Cooked spaghetti Coleslaw Canned Peaches Milk	Soup w/Meatballs & Potatoes WW Bread Fresh Apples Milk	Roasted pork Mashed Potatoes Cauliflower Canned Fruit Cocktail WW Bread, Milk	Little Cheddar Meatloaf Cooked Rice Fresh Broccoli Oranges/ Cantaloupe Milk	Chicken Melts English Muffins Romaine Lettuce Salad Canned Pears Milk
8 pm	Iced Oatmeal Cookies Milk	HM Pineapple Muffins Apple Juice	Chocolate Sandwich Cookies, Milk	Snack crackers Peach Yogurt	HM Toast w/jam Milk

This institution is an equal opportunity provider.